



**2020-2021  
Warner Robins HS  
Marching Band  
Medical Form**

**STUDENT INFORMATION**

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ Sex: \_\_\_\_\_ 2020/2021 Grade: \_\_\_\_\_  
 Name Called: \_\_\_\_\_ Birth date: \_\_\_\_\_ Age: \_\_\_\_\_ Lunch ID # \_\_\_\_\_  
 Home Address: \_\_\_\_\_ Zip: \_\_\_\_\_  
 Home Phone: \_\_\_\_\_ Student Cell # \_\_\_\_\_ Student Email: \_\_\_\_\_

**FAMILY INFORMATION (In case of emergency, please check whom to contact first)**

Mother/guardian's name: \_\_\_\_\_ Employer: \_\_\_\_\_  
 Home Address (if different): \_\_\_\_\_  
 Home #: \_\_\_\_\_ Work #: \_\_\_\_\_ Cell #: \_\_\_\_\_  
 Email: \_\_\_\_\_  
 Father/guardian's name: \_\_\_\_\_ Employer: \_\_\_\_\_  
 Home Address (if different): \_\_\_\_\_  
 Home #: \_\_\_\_\_ Work #: \_\_\_\_\_ Cell #: \_\_\_\_\_  
 Email: \_\_\_\_\_

**MEDICAL INFORMATION** (Please DO NOT list food preferences on this form)

Allergies: \_\_\_\_\_  
 History of: (Check all that apply)  Asthma  Cardiac Problems  Diabetes  Emotional or Physical challenges  Seizures  
 \*\*Other Medical Issues\* Explanation: \_\_\_\_\_  
 \_\_\_\_\_  
 Name of Medication (include dosage & frequency): \_\_\_\_\_  
 Purpose and/or special circumstances regarding medications: \_\_\_\_\_  
 \_\_\_\_\_

**EMERGENCY INFORMATION**

Student Physician Name: \_\_\_\_\_ Phone #: \_\_\_\_\_  
 Insurance Company: \_\_\_\_\_ Policy Number: \_\_\_\_\_  
 If mother/father cannot be reached, call:  
 Name: \_\_\_\_\_ Relationship: \_\_\_\_\_  
 Home #: \_\_\_\_\_ Work #: \_\_\_\_\_ Cell #: \_\_\_\_\_

**I GIVE MY PERMISSION TO THE DESIGNATED ADULT IN CHARGE OF FIRST AID TO ADMINISTER THE FOLLOWING TO MY STUDENT AS NEEDED:**  Simple First Aid  Tylenol  Advil  Benadryl  Antacids

**I, \_\_\_\_\_, HEREBY GIVE THE WRHS BAND DIRECTOR AND HIS/HER DESIGNEE PERMISSION TO SECURE MEDICAL ASSISTANCE FOR MY STUDENT IN THE EVENT OF AN EMERGENCY.**

**\*THE WARNER ROBINS HIGH SCHOOL BAND DIRECTORS CAN ONLY RELEASE STUDENTS TO THEIR LEGAL GUARDIANS.\***

**PARENT SIGNATURE:** \_\_\_\_\_ **Date:** \_\_\_\_\_





# WRHS Band Policies and Rules POLICIES



**TRANSPORTATION:** It is my understanding the WRHS Band will be participating in a season of band activities, which will/may be away from the WRHS campus proper during the school year. I hereby give permission for my child to participate in these activities and to travel by means provided by the school.

**MEDICAL TREATMENT:** Should my child need emergency medical attention, WRHS and the WRHS BAND BOOSTERS have my permission to seek immediate medical treatment.

**MEDICATION:** I give permission to the designated adult in charge of first aid to administer simple first aid to my child as needed:

**PROMPT DEPARTURE from CAMPUS:** I understand that all students MUST depart the campus within 30 minutes after events have reached their conclusion and agree to abide by this policy. This includes all events after the regular school day including sports events and practices.

**IMAGE/INFORMATION CONSENT:** I give permission for my child's image/information to be used in publication materials and to have his/her image/information presented in media promoting the Warner Robins High School Band. This image/information will be used to advocate for music education, highlight the activities and accomplishments of the student and publicize and promote the Warner Robins High School Band. Permission is given for the following: student's image/information to be used in publications, student's image/information to be presented on television and/or student's image/information to be used on an Internet web site.

**QUITTERS FEE:** There will be a **\$100 QUITTERS FEE** if student withdraws from the band program after the first day of band camp. Student will also be assessed this fee if evicted from the program due to disciplinary or nonconformance to the below listed rules. Student understands that nonpayment of the Quitters Fee will result in the WRHS office placing a HOLD on the distribution of student's report cards and transcripts until fee is paid in full. This fee is in ADDITION to all other fees incurred.

## BAND RULES AND CONTRACT

These rules have been designed for the safety and enjoyment of all band members. The following rules are in addition to all rules as established by the Houston County Board of Education and found in the WRHS Student Handbook and Band Handbook.

1. NO DRUGS, ALCOHOL, or TOBACCO of any type will be permitted. This is a cardinal offense and will result in the maximum penalties as dictated by Board policy and Georgia State law.
2. **DO NOT BE LATE!** To be on time is to be late. To be early is to be on time. We are on a very tight schedule. Your punctuality is mandatory. Tardy individuals will be dealt with accordingly.
3. Students are never to wander into prohibited areas.
4. This is going to be a long season. You are expected to treat everyone like you want to be treated; with kindness, patience, tolerance, and RESPECT! If you can't say anything nice, don't say anything at all.
5. NO PUBLIC DISPLAYS OF AFFECTION (PDA). Band is not "The Dating Game" and a school function is not the correct time or place for such actions.
6. NO DESTRUCTION OF PROPERTY will be tolerated. This includes the facilities, our equipment or another person's property. Students will be held directly responsible for paying for ALL repairs.
7. Students agree to participate in the Warner Robins High School Marching Band program and understand that **he/she is responsible for attending ALL rehearsals and performances.**
8. The student and parent have read all pages of the Band Information Guide and Policies. He/She understands and will abide by its contents in total!
9. The student and **parents** understand that they **are financially responsible** for covering membership fees that are assessed. These fees are due and payable no later than the dates documented in the schedule provided.
10. Student will participate in fundraising activities in order to defray costs. If fundraising does not cover these costs, student or parent will personally be responsible to make up all shortages unless approved for Band Sponsorship. Band Sponsorship information is available from the Treasurer.
11. Student and parents understand that **marching band is a physical outdoor activity**. He/She will be prepared by the start of band camp to be in good physical condition. He/She also understands that is his/her responsibility to provide own water, sunscreen and to dress appropriately for the weather conditions.
12. **Student understands and agrees to abide by the behavioral expectations of the group.** He/She will represent the band program, WRHS, the city of Warner Robins and family in a manner consistent with the highest standards of pride, dignity and class that have become the benchmarks of the WRHS Band program.
13. NO CURSING or FOUL LANGUAGE WILL BE TOLERATED.
14. NO WHINING!!!!
15. It is understood there will be a **\$100 QUITTERS FEE** if he/she withdraws from the band program after the first day of band camp. **Student will also be assessed this fee if evicted from the program due to disciplinary or nonconformance to the above listed rules.** Student and parents understand that nonpayment of the Quitters fee will result in the WRHS office placing a HOLD on the distribution of student's report cards and transcripts until fee is paid in full.

**We, the student and parent, have read the above policies and rules and agree to abide by them.**

**STUDENT SIGNATURE:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**PARENT SIGNATURE:** \_\_\_\_\_ **Date:** \_\_\_\_\_



**WRHS BAND POLICIES AND RULES  
FINANCIAL POLICIES WRITTEN ACCEPTANCE**

I understand the financial commitment to be a member of the band and the financial policies of the band.

I understand that by fulfilling the financial commitments, I am assisting the band in making great music.

I understand that by not fulfilling the financial commitments, I am subject to the penalties of the financial policies.

The full commitment and full policies can be found in the WRHS Band Financial Policies document.

I understand the Volunteer Time Agreement to be a member of a band. Such agreement can be found in the Marching Band Information documents.

**Financial Commitment**

<u>All Band Members – Musicians (Marching &amp; Non-Marching)</u>	<u>Marching Band Members – Musicians, Managers, &amp; Color Guard</u>
Concert Attire Fee	Student Activity Fee
Equipment Rental Fee	Equipment Rental Fee
Classroom Activity Fee	Uniform Rental and Cleaning Fee
	Accessory Fee

**Financial Policies**

All fees are incurred on a semester basis and must be paid by the outlined due dates.

**Marching Band – Unpaid Fees**

- Students with unpaid fees by due dates may not receive uniforms and / or accessories; without such they may not be allowed to march at games.
- Any student withdrawing from the Marching Band after the second day of band camp; regardless of reason including behavioral dismissal, will be liable for
  - Student Activity Fee – paid and scheduled to pay
  - Equipment Rental Fee – paid and scheduled to pay
  - Uniform Rental and Cleaning Fee – paid and scheduled to pay
  - Accessory Fee – paid and scheduled to pay
  - **Quitters fee: the student will also be charged a \$100 Quitter's Fee**
- Accessories paid for can be kept by the student; accessories not paid for must be returned. Lack of returning such will be considered an unpaid fee.

An exception to the Quitters Fee would be withdrawal from WRHS to attend another school. In this case, your request for refund and exception must be made in writing to the Band Booster Executive Committee within 30 days of withdrawal.

If a student has to quit Marching Band for medical reasons; they are not responsible for Quitters Fee.

**All Bands – Unpaid Fees**

WRHS policy mandates that no student with unpaid fees may purchase Varsity Jackets / Letters, prom tickets or yearbooks, nor will the student receive report cards or be allowed to graduate. Additionally, students not meeting their financial obligations will not be allowed to opt out of finals; nor allowed to achieve Varsity Letter status.

**Volunteer Time Agreement**

Parents of Marching Band (musicians, managers, color guard) students are expected to volunteer during the football season games and at least 1 shift at the Heart of Georgia Marching Competition. Failure to volunteer will be considered an unpaid fee.

Marching students are required to work during the Heart of Georgia Marching Band Competition.

Non-Marching Band students and parents are encouraged to volunteer during Heart of Georgia Marching Band Competition – 4 hour shift only.

**Signature of Understanding**

I have read and understand the above. Failures to comply with such will result in the actions listed.

Student \_\_\_\_\_ Parent \_\_\_\_\_ Date \_\_\_\_\_

Dear Parents,

The health and welfare of your child is of utmost importance to us at WRHS. For that reason, I will make several suggestions to keep your child in the best possible shape for performance endurance. Although we can make these suggestions, it is up to the student and guardian to abide by these recommendations.

1. **Make sure that your child is healthy enough to participate.** If necessary, please have your child see a doctor for a thorough physical exam.

2. **Invest in a Camel Back (It is REQUIRED!)** - freeze the water the night before so that your child can have cold water during afternoon practice. Your child should be drinking 16-32oz. of water an hour- every hour while in this heat! During after school rehearsals between 3:00pm and 5:30pm (2.5hours) they should have 40-80 ounces of water. Preach to your child the importance of drinking enough water.

**No caffeine is allowed** - it acts as a diuretic. **No soda!** By the time your mouth feels dry, your body is already dehydrated.

3. Send an **afternoon snack** to eat right before band practice. For endurance to occur, the body needs energy in the form of food. Send fruits, peanut butter crackers, cheese crackers, frozen grapes, snack bars, raw veggies, etc. A heavy meal before a performance will make them sick. **No chips & candy.**

4. Make sure your child is wearing the appropriate clothing. Dark colors retain heat. Wear light- weight, light colored clothing. \*Jeans are not light weight. **DO NOT WEAR JEANS TO PRACTICE from JULY to OCTOBER.**

5. Make your child wear Sunscreen to protect their skin from sun burn.

6. **Know the warning signs of heat exhaustion and push fluids** (sports drinks will help replenish minerals sweated) \*dizziness, \*headache, \*irritability, \*nausea, \*vomiting, \*dry mouth, \*heavy sweating, \*pale clammy skin, \*muscle cramps, \*weakness, \*extreme tiredness, \*dark urine and \*fainting.

\* See signs & symptoms of heat stroke\*

[http://www.bt.cdc.gov/disasters/extremeheat/heat\\_guide.asp](http://www.bt.cdc.gov/disasters/extremeheat/heat_guide.asp)

Our band is only as strong as our weakest link. **We must pull together in this effort to stay physically fit by adhering to the above guidelines.**

I have fully read and understand the above information:

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Parent Signature

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Date

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Student Signature

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Date